

Issue 8
Summer 2010

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Katz & Madhok
orthodontics
Orthodontics for Children and Adults

Patient Newsletter



K & M Ortho with purplemash.com

We have produced a short video along with photos for you to make your own leaflet on "How to keep your teeth healthy" Just go to www.purplemash.com/teeth

Email us with your finished leaflet and the best one will receive a battery toothbrush. Competition closes 1st September 2010.

Welcome to our summer 2010 newsletter. Since the last newsletter we have added lots of photos of our patients after treatment with their amazing smiles. Please have a look:
www.kmortho.co.uk



It was all hands-on for National Orthodontic Week, 22nd–26th March. We started by wearing our NOW t-shirts to get us in the mood for the fun week ahead.

We emailed all our patients and referring dentists and using all the skills we could muster, organised fun activities for everyone who walked through the door.

Recipes, quizzes, colouring, competitions, planting, as well as goody bags.

We had such fun and hope all our visitors did too.

Peanut Butter Chocolate Cookies — Recipes for Braces — Thank you to the mum who made a batch of these for us. They were delicious!

3/4 cup margarine	3/4 cup peanut butter	1/2 tsp salt
1 cup brown sugar	2 eggs	1/2 cup warm water
1/2 tsp vanilla essence	1 tsp baking powder	2 1/2 cups plain flour
200 gr milk chocolate broken into pieces		

Preheat oven to 180degrees. Bake 11 mins

Makes 48

Using an electric mixer, mix margarine, peanut butter and brown sugar. Add eggs, salt and vanilla, beat until creamed. In a cup, mix baking powder into the warm water, add water mix to peanut butter mix alternatively with the flour until well blended.

Drop tablespoons of the mix onto a baking tray lined with baking paper. Bake. As soon as the cookies come out of the oven place a piece of chocolate in the centre.

Problems with Children's teeth.

If you think your child may benefit from a check up with us, please call and we will be happy to arrange a consultation for you. Many problems can be avoided with early diagnosis. Just call 020 8906 8660 or email us: info@kmortho.co.uk

Well done Petra and Miriam on passing your Dental Radiography Exam

Preformed Gum Guards from the USA

We are now selling Brain-Pad gum guards, especially made to fit over braces. They are easy to use and comfortable to wear. Made to reduce the risk of injuries from lower jaw impacts.

Only £12.50
In stock NOW



We have recently started up a facebook group where we will keep you updated on what we're up to. Please come and join us.



We will also be joining foursquare soon where you'll be able to win prizes and let your friends know where you are and what you've been up to.

Congratulations to Dr Madhok on his engagement. We are all delighted for him and wish him and his fiancée much happiness in the future